



The Finger Labyrinth is a smaller version of the Reflection Labyrinth featured in the Healing Garden at the Holzer Center for Cancer Care. It serves as a guide to the larger, walking labyrinth. Using the index finger, simply travel the path of the design from the outside to the inside. Since this particular labyrinth was created for two people to do together, consider asking someone to join you with this exercise.

The Reflection Labyrinth is a unique design. There is no other like it anywhere in the world. It was created and designed by Debi & Marty Kermeen from Champaign, Illinois and the Holzer Center for Cancer Care is the first to use it.

Many of our patients remind us that the journey through cancer and other illnesses is often a very lonely experience. Having someone to take that journey with you means having someone experience all the twists and turns that illness and recovery create. The Reflection Labyrinth was designed to help our patients, their families, and the staff find companionship on their journey through cancer, recovery, and good health. It is simply a metaphor for the journey of life and the many twists and turns that accompany such a journey.